

## LOT NAȚIONAL 2022 – U 23 MASCULIN

Aprobat în Consiliul Federal din 17.12.2021

### 100m

1	Roiban, Cristian Nicusor	2000	CSU Resita	100 m	10.53
2	Tone, Marius Gabriel	2000	CSM Onesti	100 m	10.54
3	Birsa, Robert Sebastian	2001	LPS Constanta	100 m	10.61
4	Anton, Alin Ionut	2000	CSM Onesti	100 m	10.67
5	Breahna, Robert Cristian	2000	CCS Rapid Bucuresti	100 m	10.71
6	Munteanu, Silviu- Daniel	2003	CS Ceahlaut Pt.Neamt	100 m	10.72

### 200m

1	Anton, Alin Ionut	2000	CSM Onesti	200 m	21.17
2	Roiban, Cristian Nicusor	2000	CSU Resita	200 m	21.35
3	Dringo, Mihai Sorin	2001	CSU Oradea	200 m	21.45
4	Niculita, Remus Andrei	2003	CSS Ploiesti	200 m	21.54

### 400m

1	Dringo, Mihai Sorin	2001	CSU Oradea	400 m	45.93
2	Niculita, Remus Andrei	2003	CSS Ploiesti	400 m	46.97
3	Bondoc, Adrian Marian	2002	CSM Drobeta Turnu Severin	400 m	47.27
4	Toma, Denis Simon	2003	CS Orasenesc Voluntari	400 m	47.76
5	Fagaras, Darius Marian	2001	CS Poli. Iasi	400 m	47.84
6	Gudi, David Laurentiu	2003	CSS Ploiesti	400 m	48.52

### 110m Garduri

1	Anton, Alin Ionut	2000	CSM Onesti	110 m.g. [1.067]	14.04
2	Iconaru, Alexandru Ionut	2000	CSM Onesti	110 m.g. [1.067]	14.55
3	Silvestru, Dragos Alexandru	2000	CS Farul Constanta	110 m.g. [1.067]	14.78
4	Bledea, Gheorghe Florinel	2002	CSU Oradea	110 m.g. [1.067]	14.94

### 400m Garduri

1	Fagaras, Darius Marian	2001	CS Poli. Iasi	400 m.g. [0.914]	52.08
2	Teodorescu, Alexandru Ioan	2003	CSS Soimii SB	400 m.g. [0.914]	54.36
3	Vasiliu, Mihai Razvan	2000	CSM Ploiesti	400 m.g. [0.914]	55.10
4	Olteanu, Ionut Catalin	2000	CS Olimpia Bucuresti	400 m.g. [0.914]	55.13

800m

1	Voicu, Cristian Gabriel	2001	CSM Bucuresti	800 m	1:48.30
2	Fandly, Mark Daniel	2003	CN M.Emin. Oradea	800 m	1:49.96
3	Bondoc, Adrian Marian	2002	CSM Drobeta Turnu Severin	800 m	1:51.23
4	Dinu, Alexandru Georgian	2003	LPS I.B.Soter Buzau	800 m	1:51.73

1500m

1	Poponea, Mihai-Sorin	2002	CSM Pitesti	1500 m	3:54.23
2	Dan, Raul Manuel	2003	LPS Cetate Deva	1500 m	3:54.95
3	Stefu, Lucian Mihaita	2002	CS Stiinta Bacau	1500 m	3:55.37
4	Vrabie, Laurentiu Dumitrel	2004	CSS Barlad	1500 m	3:55.49

3000m

1	Pop, Dragos Luca	2005	LPS Cluj Napoca	3000 m	08:35.6
2	Dan, Raul Manuel	2003	LPS Cetate Deva	3000 m	08:36.6
3	Poponea, Mihai-Sorin	2002	CSM Pitesti	3000 m	08:38.7
4	Ihnatiuc, Andrei	2003	CSS Radauti	3000 m	08:40.5

5000m

1	Ihnatiuc, Andrei	2003	CSS Radauti	5000 m	14:48.57
2	Dan, Raul Manuel	2003	LPS Cetate Deva	5000 m	15:14.95
3	Pop, Dragos Luca	2005	LPS Cluj Napoca	5000 m	15:18.46
4	Popa, Marius Valentin	2002	CSS Sighisoara	5000 m	15:40.69

10000m

1	Ihnatiuc, Andrei	2003	CSS Radauti	10000 m	31:16.84
2	Popa, Nicolae Raul	2001	CSS Sighisoara	10000 m	32:54.36
3	Popa, Marius Valentin	2002	CSS Sighisoara	10000 m	32:56.64
4	Morosan, Mihai Alexandru	2003	CSM Cluj Napoca	10000 m	36:22.10

10km

1	Stefu, Lucian Mihaita	2002	CS Stiinta Bacau	10 km sosea	0:32:08.88
2	Melniciuc, Iulian Andrei	2002	CSS Galati	10 km sosea	0:32:48.86
3	Tomoiaga, Sebastian Gregory	2003	CSM Bistrita	10 km sosea	0:33:06.85
4	Ihnatiuc, Andrei	2003	CSS Radauti	10 km sosea	0:33:10.47

3000m Obstacole

1	Dumitru, Mihai Robert	2002	CSM Pitesti	3000 m.obst.	9:16.47
2	Gut, Dumitru-Florin	2004	CSM Bistrita	3000 m.obst.	9:47.41
3	Rusu, Mihaita	2004	CS Atletico Slanic	3000 m.obst.	9:51.12
4	Rus, Eric Daniel	2004	LPS Cetate Deva	3000 m.obst.	9:51.46

#### Lungime

1	Ciolpan, David	2000	CS Farul Constanta	lungime	7.29
2	Silvestru, Dragos Alexandru	2000	CS Farul Constanta	lungime	7.28
3	Enache, Andrei Vlad	2004	CSA Steaua Bucuresti	lungime	7.23
4	Pruteanu, Constantin Raul	2003	LPS Brasov	lungime	7.08

#### Triplusalt

1	Nicoara, Razvan-loan	2003	CSU Oradea	triplusalt	14.81
2	Cioaca, Bogdan Georgian	2000	CSM Pitesti	triplusalt	14.76
3	Radu, Cristian Valentin	2003	LPS Constanta	triplusalt	14.53
4	Badescu, Vlad Florian	2000	CS Farul Constanta	triplusalt	14.21

#### Inaltime

1	Androne, Valentin Alexandru	2001	CS Rapid Bucuresti	inaltime	2.10
2	Severin, Matei Octavian	2003	CA Roman	inaltime	2.05
3	Bejinaru, David	2003	CSS Triumf Bucuresti	inaltime	1.98
4	Iordache, Marian Cosmin	2004	CS Rapid Bucuresti	inaltime	1.95

#### Prajina

1	Doroftei, Razvan	2003	CSS 5 Bucuresti	prajina	4.70
2	Costea, Dacian	2002	CSM Craiova	prajina	4.60
3	Tabacu, Robert Mihai	2000	CSM Onesti	prajina	4.20
4	Balasz, Norbert Zsolt	2004	LPS Tg. Mures	prajina	3.80

#### Greutate 7.260Kg

1	Bira, Marius	2001	CSU Simona Halep C-ta	greutate 7.260kg	16.02
2	Vasile, Ion Marius	2002	CSM Brasov	greutate 7.260kg	15.48
3	Zanfir, Constantin	2000	CSM Pitesti	greutate 7.260kg	15.43
4	Vasile, Ionut	2000	CS Farul Constanta	greutate 7.260kg	15.09

#### Disc 2Kg

1	Zanfir, Constantin	2000	CSM Pitesti	disc 2kg	51.65
2	Vasile, Ion Marius	2002	CSM Brasov	disc 2kg	50.25
3	Ilisei, Robert Daniel	2001	CS Dinamo Bucuresti	disc 2kg	44.50
4	Ionescu, Matei-Alexandru	2003	CS Dinamo Bucuresti	disc 2kg	44.49



Sulita 0.8Kg

1	Carare, Razvan	2001	CSA Steaua Bucuresti	sulita 0.8kg	65.41
2	Adam, George	2004	CSS Focsani	sulita 0.8kg	60.10
3	Gherasim, Constantin Catalin	2005	CS Ceahlaut Pt.Neamt	sulita 0.8kg	58.85
4	Severin, Petru Andrei	2002	CSM Arad	sulita 0.8kg	58.81

Ciocan 7.260Kg

1	Nicorici, Dragos Ionut	2002	LPS Roman	ciocan 7.260kg	63.16
2	Mehes, Cristian	2002	CS Crisul Oradea	ciocan 7.260kg	62.00
3	Caus, Vladut Gabriel	2000	SCM Bacau	ciocan 7.260kg	58.18

Decatlon

1	Poci, Andrei	2001	LPS Baia Mare	decatlon T, S	5988
2	Voinea, Sorin Alexandru	2003	CS Orasenesc Voluntari	decatlon T, S	5727
3	Vadan, Laurentiu Daniel	2001	CS Stiinta Bacau	decatlon T, S	5353

20km mars

1	Olteanu, Gigi	2002	CS Muscel CL	20 km mars sosea	2:04:15.29
2	Stolanic, Razvan George	2003	CS Muscel CL	20 km mars sosea	2:05:43.73
3	Turluianu, Victor	2003	CSM Suceava	20 km mars sosea	2:08:21.57
4	Turluianu, Stefan	2000	CSM Suceava	20 km mars sosea	2:10:03.47

Alergare Montana scurta

1	Popa, Nicolae Raul	2001	CSS Sighisoara	Alergare Montana Scurta	1:13:29.30
2	Vigh, Lorand Eduard	2001	CSM Cluj Napoca	Alergare Montana Scurta	1:15:32.77

Alergare Montana Lunga

1	Stroia, Alexandro	2001	CSA Steaua Buc.	Alergare Montana Lunga	3:11:39.40
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Semimaraton

1	Dan Raul Manuel	2003	LPS Cetate Deva	semimaraton	1:12:21.00
2	Romas Catalin Eladio	2000	CS Dinamo Buc.	semimaraton	1:12:31.00
3	Popa Nicolae Raul	2001	CSS Sighisoara	semimaraton	1:13:24.00
4	Popa Marius Valentin	2002	CSS Sighisoara	semimaraton	1:14:25.00

Cros

1	Stefu, Lucian Mihaita	2002	CS Stiinta Bacau	cros	25:32.8
2	Melniciuc, Iulian Andrei	2002	CSS Galati	cros	25:52.1
3	Stefu, Alexandru Gabriel	2002	CS Stiinta Bacau	cros	26:52.3
4	Munteanu, Albert Constantin	2004	LPS Botosani	cros	27:03.3

4x100m

1	CSM Onesti	A	40.46
	1) Duicu, Benjamin 03	2) Tone, Marius Gabriel 00	
	3) Anton, Alin Ionut 00	4) Iconaru, Alexandru Ionut 00	
2	CS Farul C-ta	A	42.02
	1) Silvestru, Dragos Alexandru 00	2) Petre, Marian 00	
	3) Petre, Eduard Gabriel 00	4) Birsa, Robert Sebastian 01	
3	CSM Ploiesti	B	42.78
	1) Burcea, Ovidiu Andrei 00	2) Nica, Cristian Florin 01	
	3) Geamanu, Alexandru 00	4) Nastase, David Iustin 99	

4x400m

1	CSS Ploiesti	A	03:15.2
	1) Chivi, Ruben Horatiu 04	2) Gudi, David Laurentiu 03	
	3) Chivi, Eduard-Daniel 01	4) Niculita, Remus Andrei 03	
2	CS Farul C-ta	A	03:22.2
	1) Vasile, Ionut 00	2) Sterea, Andrei 01	
	3) David, Eduard Florin 03	4) Toader, Alexandru 01	
3	CS Orasenesc Voluntari	A	03:24.0
	1) Voinea, Sorin Alexandru 03	2) Bajenaru, Ricardo Ionut 03	
	3) Cuturean, Antonio 01	4) Toma, Denis Simon 03	

**Antrenor federal  
Dragomir Lenuța**