

LOT NAȚIONAL 2022 – U20 FEMININ

Aprobat în Consiliul Federal din 17.12.2021

100m

1	Mihalache, Maria	2003	CS Olimpia Bucuresti		100 m	11.60
2	Ciocan, Rebeca Daria	2004	CS Municipal Galati		100 m	12.27
3	Zach, Emma	2004	LPS Brasov		100 m	12.33
4	Bisericescu, Maria Valeria	2003	CS Rapid Bucuresti		100 m	12.40
5	Govoreanu, Dana-Maria	2003	CN M.B.Vilcea		100 m	12.47
6	Ilinoiu, Corina	2003	CSM Focsani 2007		100 m	12.55

200m

1	Mihalache, Maria	2003	CS Olimpia Bucuresti		200 m	23.67
2	Zach, Emma	2004	LPS Brasov		200 m	24.94
3	Ciocan, Rebeca Daria	2004	CS Municipal Galati		200 m	25.00
4	Bisericescu, Maria Valeria	2003	CS Rapid Bucuresti		200 m	25.46

400m

1	Talpis, Larisa-Paraschiva	2003	CSM Bistrita		400 m	55.41
2	Zach, Emma	2004	LPS Brasov		400 m	57.46
3	Tanase, Andreea	2003	CSM Focsani 2007		400 m	57.81
4	Serban, Loriana Elena	2004	CSM Pitesti		400 m	58.28
5	Constantin, Roxana	2004	CSS 1 Constanta		400 m	58.47
6	Ilinoiu, Corina	2003	CSM Focsani 2007		400 m	58.47

100m Garduri

1	Govoreanu, Dana-Maria	2003	CN M.B.Vilcea		100 m.g. [0.84]	13.73
2	Grigoroiu, Iulia Dariana	2003	CSU Resita		100 m.g. [0.84]	14.27
3	Balaban, Cosmina Denisa	2004	LPS Braila		100 m.g. [0.84]	14.36
4	Iovanovici, Ioana Dragana	2004	LPS Banatul TM		100 m.g. [0.84]	14.88

400m Garduri

1	Ungureanu, Iarina Teodora	2004	CN M.B.Vilcea		400 m.g.	62.93
2	Iovanovici, Ioana Dragana	2004	LPS Banatul TM		400 m.g.	63.63
3	Govoreanu, Dana-Maria	2003	CN M.B.Vilcea		400 m.g.	63.92
4	Constantin, Roxana	2004	CSS 1 Constanta		400 m.g.	66.43

800m

1	Sfarghiu, Maria Talida	2003	CSM Suceava		800 m	2:05.92
2	Talpis, Larisa-Paraschiva	2003	CSM Bistrita		800 m	2:07.66
3	Florescu, Aurelia Stefania	2004	CSU Craiova		800 m	2:10.45
4	Ciuche, Mioara Sorina	2003	CSS Caransebes		800 m	2:17.64

1500m

1	Sfarghiu, Maria Talida	2003	CSM Suceava		1500 m	4:14.22
2	Marginean, Iulia Florina	2004	CSS Medias		1500 m	4:29.81
3	Sirbu, Madalina Elena	2003	CSM Suceava		1500 m	4:33.96
4	Florescu, Aurelia Stefania	2004	CSU Craiova		1500 m	4:35.48

3000m

1	Sirbu, Madalina Elena	2003	CSM Suceava		3000 m	9:41.16
2	Marginean, Iulia Florina	2004	CSS Medias		3000 m	9:48.29
3	Morosan, Anca-Mirela	2003	CSM Rarau. Cl. Moldovenesc		3000 m	10:10.43
4	Balaur, Cristina Valentina	2004	LPS Vaslui		3000 m	10:21.59

5000m

1	Sirbu, Madalina Elena	2003	CSM Suceava		5000 m	16:57.90
2	Marginean, Iulia Florina	2004	CSS Medias		5000 m	17:23.56
3	Morosan, Anca-Mirela	2003	CSM Rarau. Cl. Moldovenesc		5000 m	19:12.92
4	Chiriac, Ancuta Alexandra	2003	LPS Botosani		5000 m	19:24.03

3000m Obstacole

1	Florescu, Aurelia Stefania	2004	CSU Craiova		3000 m.obst.	10:48.21
2	Blaga, Mihaela Maria	2004	CSS Blaj		3000 m.obst.	11:02.05
3	Cozma, Larisa Diana	2004	LPS Brasov		3000 m.obst.	12:05.05
4	Marginean, Daria Melania	2004	CSS Medias		3000 m.obst.	12:25.30

Lungime

1	Stirbu, Ioana Sabina	2003	CSS Unirea Iasi		lungime	6.10
2	Verman, Ramona Elena	2004	SCM Bacau		lungime	6.03
3	Lupescu, Denisa Narcisa	2004	CS Rapid Bucuresti		lungime	5.75
4	Dospin, Alexia Ioana	2003	CSM Bacau		lungime	5.72

Triplusalt

1	Dospin, Alexia Ioana	2003	CSM Bacau		triplusalt	13.24
2	Colibasanu, Ioana Emilia	2003	LPS Constanta		triplusalt	13.07
3	Lupescu, Denisa Narcisa	2004	CS Rapid Bucuresti		triplusalt	12.38
4	Barizi, Ana Maria Olguta	2003	Pal.Nat.Copiiilor Bucuresti		triplusalt	11.70

Inaltime

1	Apostol, Federica Gabriella	2003	CSM Bacau	inaltime	1.85
2	Rengle, Alesia-Maria	2003	CN M.Emin. Oradea	inaltime	1.82
3	Enache, Elisa Xandra Marisia	2004	LPS Cetate Deva	inaltime	1.70
4	Alzner, Eva Natalia Eliza	2003	LPS Cetate Deva	inaltime	1.64

Prajina

1	Calin, Elena	2004	CSS 5 Bucuresti	prajina	3.10
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Greutate 4Kg

1	Manole, Madalina	2003	CSS Tulcea	greutate 4kg	12.70
2	Andone, Maria Alexandra	2003	LPS Iasi	greutate 4kg	12.19
3	Stirceanu, Alexandra Valentina	2004	LPS Cl.Muscel	greutate 4kg	11.75
4	Derioiu, Denisa Maria	2004	LPS Cl.Muscel	greutate 4kg	11.57

Disc 1Kg

1	Baltazar-Hall, Alexandra	2003	CS Dinamo Bucuresti	disc 1kg	45.55
2	Ghinet, Ioana-Elena	2004	CSM Onesti	disc 1kg	40.97
3	Andone, Maria Alexandra	2003	LPS Iasi	disc 1kg	39.77
4	Pereni, Cintya Soraya	2003	LPS Satu Mare	disc 1kg	35.55

Sulita 0.6Kg

1	Paruba, Alisia Adela	2003	SCM Bacau	sulita 0.6kg	46.39
2	Cristea-Buhus, Stefania Paula	2003	CSS Barlad	sulita 0.6kg	37.20
3	Iancu, Teodora Elena	2004	CSM Ploiesti	sulita 0.6kg	33.95
4	Manole, Madalina	2003	CSS Tulcea	sulita 0.6kg	33.14

Ciocan 4Kg

1	Pantea, Corina Elena	2003	LPS Roman	ciocan 4kg	57.23
2	Vatamanu, Denisa Iolanda	2003	LPS Roman	ciocan 4kg	33.87
3	Craciun, Bianca Mihaela	2004	LPS Roman	ciocan 4kg	30.72
4	Nedelcu, Bianca Antonia	2004	CS Viitorul Vaslui	ciocan 4kg	29.79

Heptatlon

1	Govoreanu, Dana-Maria	2003	CN M.B.Vilcea	heptatlon J1, T, S	4679
2	Alzner, Eva Natalia Eliza	2003	LPS Cetate Deva	heptatlon J1, T, S	3771
3	Stancu, Cristina	2003	CSS 1 Constanta	heptatlon J1, T, S	2987

10Krn Mars

1	Atodiresei, Maria Delia	2003	CSS Tg. Neamt		10 km mars sosea	0:57:19.76
2	Boghean, Veronica	2003	LPS Botosani		10 km mars sosea	0:58:34.84
3	Bolohan, Anamaria	2003	SCM Deva		10 km mars sosea	0:58:59.08
4	Clicinschi, Vasilica	2003	LPS Botosani		10 km mars sosea	1:00:18.69

10000m Mars

1	Bolohan, Anamaria	2003	SCM Deva		10000 m.mars	0:57:27.32
2	Atodiresei, Maria Delia	2003	CSS Tg. Neamt		10000 m.mars	0:57:50.40
3	Tutu, Sorana	2003	CSS Barlad		10000 m.mars	0:58:12.23
4	Sunzuiana, Elisabeta Elena	2003	LPS Alba Iulia		10000 m.mars	0:58:50.83

10Krn

1	Chiriac, Ancuta Alexandra	2003	LPS Botosani		10 km sosea	0:39:49.53
2	Obrejan, Silvia Teodora	2003	CSS Medias		10 km sosea	0:40:01.23
3	Danaiata, Maria Miruna	2003	CS Pandurii Tg.Jiu		10 km sosea	0:55:48.15

Alergare Montana Scurta

1	Sirbu, Madalina Elena	2003	CSM Suceava		Alergare Montana Scurta	37:01.26
2	Morosan, Anca-Mirela	2003	CSM Rarau		Alergare Montana Scurta	39:22.46
3	Vainer, Bianca Maria	2003	LPS Botosani		Alergare Montana Scurta	41:17.09
4	Chiriac, Ancuta Alexandra	2003	LPS Botosani		Alergare Montana Scurta	41:27.89

Cros

1	Sirbu, Madalina Elena	2003	CSM Suceava		cros	13:10.44
2	Sfarghiu, Maria Talida	2003	CSM Suceava		cros	13:21.08
3	Blaga, Mihaela Maria	2004	CSS Blaj		cros	13:28.74
4	Marginean, Iulia Florina	2003	CSS Medias		cros	13:35.77

Semimaraton

1	Chiriac Ancuta Alexandra	2003	LPS Botosani		semimaraton	01:21:52
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4x100m

1	CS Rapid Buc.	A	48.45
	1) Stroe, Victoria Maria 05	3) Barbu, Alina Valentina 05	
	2) Bisericescu, Maria Valeria 03	4) Mihalache, Maria 03	
2	CSS Focsani	A	49.39
	1) Banciu, Alexandra Ioana 03	3) Toader, Karina Anamaria 03	
	2) Tanase, Andreea 03	4) Ilinoiu, Corina 03	
3	CSS Dinamo Bucuresti	A	50.58
	1) Linca, Maria Elisa 07	3) Nitu, Catinca Maria 05	
	2) Gavrila, Ana Steliana 06	4) Niculae, Melisa Anamaria 07	

4x400m:

1	CSM Onesti	A	3:53.78
	1) Dinu, Andreea Alexandra 02	3) Musulete, Stefania Medeea 05	
	2) Ungureanu, Iarina Teodora 04	4) Uta, Alexandra Stefania 07	
2	CS Rapid Buc.	A	3:54.02
	1) Ciuca, Andreea Iulia 03	3) Mihalache, Maria 03	
	2) Barbu, Alina Valentina 05	4) Bisericescu, Maria Valeria 03	
3	CSS Focsani	A	3:56.98
	1) Banciu, Alexandra Ioana 03	3) Ilinoiu, Corina 03	
	2) Toader, Karina Anamaria 03	4) Tanase, Andreea 03	

**Antrenor Federal
Crisan Ion Doru**