

## LOT NAȚIONAL 2022 – SENIORI FEMININ

Aprobat în Consiliul Federal din 17.12.2021

### 100m

1	Baboi, Marina Andreea	1999	SCM Gloria Buzau	100 m	11.52
2	Mihalache, Maria	2003	CS Olimpia Bucuresti	100 m	11.60
3	Rosianu, Ana Maria	1993	CSM Craiova	100 m	11.97
4	Nesteriuc, Anamaria	1993	CSA Steaua Bucuresti	100 m	11.99
5	Ene, Roxana Maria	1995	CSM Craiova	100 m	12.09
6	Ciocan, Rebeca Daria	2004	CS Municipal Galati	100 m	12.27

### 200m

1	Baboi, Marina Andreea	1999	SCM Gloria Buzau	200 m	23.48
2	Mihalache, Maria	2003	CS Olimpia Bucuresti	200 m	23.67
3	Zach, Emma	2004	LPS Brasov	200 m	24.94
4	Ciocan, Rebeca Daria	2004	CS Municipal Galati	200 m	25.00

### 400m

1	Belgvan, Sanda	1992	CSU Cluj Napoca	400 m	53.67
2	Lavric, Elena Mirela	1991	CSM Vaslui	400 m	55.07
3	Circiogel, Adina Elena	2001	CS Tara Barsei 2011 Brasov	400 m	55.09
4	Talpis, Larisa-Paraschiva	2003	CSM Bistrita	400 m	55.41
5	Balan, Cristina Daniela	1998	CS Athletics Timisoara	400 m	55.77
6	Anton, Bianca Georgiana	2000	CS Rapid Bucuresti	400 m	56.11

### 100m Garduri

1	Nesteriuc, Anamaria	1993	CSA Steaua Bucuresti	100 m.g. [0.84]	13.07
2	Govoreanu, Dana-Maria	2003	CN M.B.Vilcea	100 m.g. [0.84]	13.73
3	Banaga, Iulia Nicoleta	1999	CSM Onesti	100 m.g. [0.84]	14.02
4	Caracuda, Andreea Mihaela	2000	CSM Onesti	100 m.g. [0.84]	14.15

### 400m Garduri

1	Belgvan, Sanda	1992	CSU Cluj Napoca	400 m.g.	57.48
2	Banaga, Iulia Nicoleta	1999	CSM Onesti	400 m.g.	58.97
3	Damachianu, Stefania	2000	CS Poli Iasi	400 m.g.	62.18
4	Ungureanu, Iarina Teodora	2004	CN M.B.Vilcea	400 m.g.	62.93

#### 800m

1	Bobocea, Claudia Mihaela	1992	CSA Steaua Bucuresti		800 m	2:03.70
2	Florea, Maria Claudia	1995	SCM Deva		800 m	2:05.64
3	Stefana (Pierdevară), Florina	1990	CSA Steaua Bucuresti		800 m	2:05.74
4	Sfarghiu, Maria Talida	2003	CSM Suceava		800 m	2:05.92

#### 1500m

1	Sfarghiu, Maria Talida	2003	CSM Suceava		1500 m	4:14.22
2	Florea, Maria Claudia	1995	SCM Deva		1500 m	4:17.19
3	Ladaru-Bobocel, Ancuta	1987	CSU Craiova		1500 m	4:18.25
4	Stefana (Pierdevară), Florina	1990	CSA Steaua Bucuresti		1500 m	4:21.97

#### 3000m

1	Prisecaru, Claudia	1997	CSM Focsani 2007		3000 m	9:16.08
2	Ladaru-Bobocel, Ancuta	1987	CSU Craiova		3000 m	9:18.49
3	Rotaru (Birca), Roxana Elisabeta	1988	CSA Steaua Bucuresti		3000 m	9:26.44
4	Sirbu, Madalina Elena	2003	CSM Suceava		3000 m	9:41.16

#### 5000m

1	Melly, Joan Chelimo	1990	CSA Steaua Bucuresti		5000 m	15:04.69
2	Ladaru-Bobocel, Ancuta	1987	CSU Craiova		5000 m	16:12.82
3	Prisecaru, Claudia	1997	CSM Focsani 2007		5000 m	16:13.91
4	Rotaru (Birca), Roxana Elisabeta	1988	CSA Steaua Bucuresti		5000 m	16:32.77

#### 10000m

1	Rutto, Stella Jepkosgei	1999	CSA Steaua Bucuresti		10000 m	32:47.73
2	Ladaru-Bobocel, Ancuta	1987	CSU Craiova		10000 m	34:04.22
3	Florea, Monica Madalina	1993	CS Municipal Sighisoara		10000 m	35:49.10
4	Zaro, Anita Claudia	1999	CSU Poli Timisoara		10000 m	36:44.15

#### 10km

1	Panaet, Elena Adelina	1993	CS Stiinta Bacau		10 km sosea	0:32:44.41
2	Dragomir, Liliana Maria	1990	CSU Arad		10 km sosea	0:34:20.59
3	Baltoi, Adela Paulina	1992	CS Pandurii Tg.Jiu		10 km sosea	0:35:01.77
4	Florea, Monica Madalina	1993	CS Municipal Sighisoara		10 km sosea	0:35:16.27

#### 3000m Obstacole

1	Panaet, Elena Adelina	1993	CS Stiinta Bacau		3000 m.obst.	9:41.68
2	Prisecaru, Claudia	1997	CSM Focsani 2007		3000 m.obst.	9:46.66
3	Baltoi, Adela Paulina	1992	CS Pandurii Tg.Jiu		3000 m.obst.	10:38.34
4	Florescu, Aurelia Stefania	2004	CSU Craiova		3000 m.obst.	10:48.21



#### Lungime

1	Iusco, Florentina Costina	1996	LPS Cetate Deva   lungime	6.73
2	Rotaru, Alina	1993	CSA Steaua Bucuresti   lungime	6.52
3	Manoliu, Ioana	1999	CS Farul Constanta   lungime	6.16
4	Stirbu, Ioana Sabina	2003	CSS Unirea Iasi   lungime	6.10

#### Triplusalt

1	Bujin, Cristina Ioana	1988	CS Farul Constanta   triplusalt	13.30
2	Ion, Diana Ana Maria	2000	CSM Onesti   triplusalt	13.27
3	Dospin, Alexia Ioana	2003	CSM Bacau   triplusalt	13.24
4	Colibasanu, Ioana Emilia	2003	LPS Constanta   triplusalt	13.07

#### Inaltime

1	Stanciu, Daniela	1987	CSA Steaua Bucuresti   inaltime	1.92
2	Apostol, Federica Gabriella	2003	CSM Bacau   inaltime	1.85
3	Rengle, Alesia-Maria	2003	CN M.Emin. Oradea   inaltime	1.82
4	Enache, Elisa Xandra Marisia	2004	LPS Cetate Deva   inaltime	1.70

#### Prajina

1	Necoara, Valentina Iulia	2005	CSS 3 Steaua Buc   prajina	3.70
2	Dragan, Stefania Andreea	1997	CSM Craiova   prajina	3.60
3	Irimia, Antonia	1998	SCM Deva   prajina	3.20
4	Cozmanciuc, Meda	1980	CS Rapid Bucuresti   prajina	3.20

#### Greutate 4Kg

1	Apachite (Huzum-Vitan), Andreea	1993	CSM Bacau   greutate 4kg	14.48
2	Tiganasu, Ioana Diana	2000	CS Ceahlăul Pt. Neamt   greutate 4kg	14.34
3	Manole, Madalina	2003	CSS Tulcea   greutate 4kg	12.70
4	Andone, Maria Alexandra	2003	LPS Iasi   greutate 4kg	12.19

#### Disc 1Kg

1	Lungu, Andreea Iuliana	2002	CSM Brasov   disc 1kg	51.09
2	Tiganasu, Ioana Diana	2000	CS Ceahlăul Pt. Neamt   disc 1kg	49.46
3	Asmarandei, Elena Mihaela	1993	SCM Bacau   disc 1kg	47.02
4	Baltazar-Hall, Alexandra	2003	CS Dinamo Bucuresti   disc 1kg	45.55

#### Sulita 0.6Kg

1	Plavan, Ioana Valentina	1998	SCM Gloria Buzau   sulita 0.6kg	51.01
2	Oriaku, Vannessa Valentina	2005	CSS Gloria Arad   sulita 0.6kg	46.52
3	Paruba, Alisia Adela	2003	SCM Bacau   sulita 0.6kg	46.39
4	Mihalcea, Denisa-Elena	2000	CSU Cluj Napoca   sulita 0.6kg	45.64



#### Ciocan 4Kg

1	Ghelber, Bianca Florentina	1990	SCM Bacau	ciocan 4kg	74.18
2	Stanciu, Ana Adela	2000	CS Dinamo Bucuresti	ciocan 4kg	67.23
3	Lazar Fazecas, Bianca Monica	1993	CS Rapid Bucuresti	ciocan 4kg	62.56
4	Mitrea, Elena Stefania Madalina	1999	CSM Onesti	ciocan 4kg	58.96

#### Heptatlon

1	Budica, Florentina	1995	CSM Craiova	heptatlon J1, T, S	4794
	Talos (Panturoiu), Elena Andreea	1995	CS Rapid Bucuresti	heptatlon J1, T, S	
2	S				4730
3	Govoreanu, Dana-Maria	2003	CN M.B.Vilcea	heptatlon J1, T, S	4679
4	Ciurea, Georgiana Lavinia	2000	LPS Cl.Muscel	heptatlon J1, T, S	4646

#### 10km Mars

1	Lataretu, Maria-Diana	2002	CSM Craiova	10 km mars sosea	0:51:27.00
2	Atodiresei, Maria Delia	2003	CSS Tg. Neamt	10 km mars sosea	0:57:19.76
3	Boghean, Veronica	2003	LPS Botosani	10 km mars sosea	0:58:34.84
4	Bolohan, Anamaria	2003	SCM Deva	10 km mars sosea	0:58:59.08

#### 20km Mars

1	Acatrinei, Mihaela	1995	CS Unirea Alba Iulia	20 km mars sosea	1:34:42.43
2	Rodean, Ana Veronica	1984	CS Unirea Alba Iulia	20 km mars sosea	1:36:17.00
3	Puscasu, Mihaela Valentina	1995	CSU Resita	20 km mars sosea	1:47:52.89
4	Angelescu, Diana Georgiana	2000	CSM Suceava	20 km mars sosea	1:49:12.75

#### Alergare Montana Scurta

1	Florea, Monica Madalina	1993	CSM Sighisoara	Alergare Montana Scurta	1:06:01.24
2	Mutter, Ingrid	1992	CSA Steaua	Alergare Montana Scurta	1:06:23.78
3	Dragomir, Denisa Ionela	1992	CSM Pitesti	Alergare Montana Scurta	1:11:03.24
4	Dragomir, Liliana Maria	1990	CSU Arad	Alergare Montana Scurta	1:14:05.62
5	Piscu, Andreea Alina	1996	CS Stiinta Bacau	Alergare Montana Scurta	1:14:00.38
6	Dobrita, Ionela Viorica	1987	CSM Cluj Napoca	Alergare Montana Scurta	1:21:37.12

#### Alergare Montana Lunga

1	Dragomir, Denisa Ionela	1992	CSM Pitesti	Alergare Montana Lunga	3:06:45.65
2	Mutter, Ingrid	1992	CSA Steaua	Alergare Montana Lunga	3:11:26.30
3	Piscu, Andreea Alina	1996	CS Stiinta Bacau	Alergare Montana Lunga	3:23:41.94
4	Zbirnea, Natalia	1990	CSU Stiinta Bucuresti	Alergare Montana Lunga	3:47:15.03



#### Semimaraton

1	Ladaru-Bobocel Ancuta	1987	CSU Craiova	semimaraton	1:12:26.00
2	Panaet Elena Adelina	1993	CS Stiinta Bacau	semimaraton	1:14:21.00
3	Dragomir, Liliana Maria	1990	CSU Arad	semimaraton	1:16:33.00
4	Ciortan, Nicoleta	1976	CSM Danubiu TL	semimaraton	1:20:33.00

#### Cros

1	Ladaru-Bobocel Ancuta	1987	CSU Craiova	cros	26:22.72
2	Prisecaru, Claudia	1997	CSM Focsani 2007	cros	26:34.62
3	Panaet Elena Adelina	1993	CS Stiinta Bacau	cros	26:43.23
4	Dragomir, Liliana Maria	1990	CSU Arad	cros	27:25.83

#### Maraton

1	Baltoi, Adela Paulina	1992	ACS Sportul Feroviar	maraton	2:47:25.00
2	Puia, Ionela Ecaterina	1991	CSM Craiova	maraton	2:53:44.00
3	Istrate, Anca-Diana	1974	CSU Stiinta Bucuresti	maraton	2:55:10.00
4	Zaro, Anita Claudia	1999	CSU Poli Timisoara	maraton	3:01:12.00

#### 4x100m

1	CS Rapid Buc.	A	47.6
	1) Lupescu, Denisa Narcisa 04	2) Bisericescu, Maria Valeria 03	
	3) Anton, Bianca Georgiana 00	4) Mihalache, Maria 03	
2	CSM Onesti	A	48.3
	1) Ion, Diana Ana Maria 00	2) Stirbu, Ioana Sabina 03	
	3) Caracuda, Andreea Mihaela 00	4) Banaga, Iulia Nicoleta 99	
3	CSM Focsani 2007	A	49.22
	1) Banciu, Alexandra Ioana 03	2) Tanase, Andreea 03	
	3) Toader, Karina Anamaria 03	4) Ilinoiu, Corina 03	

#### 4x400m

1	CS Rapid Buc.	A	03:54.7
	1) Bisericescu, Maria Valeria 03	2) Ciuca, Andreea Iulia 03	
	3) Mihalache, Maria 03	4) Anton, Bianca Georgiana 00	
2	CSM Craiova	A	03:54.8
	1) Calin, Elena 04	2) Fica, Mariana Madalina 93	
	3) Budica, Florentina 95	4) Balan, Cristina Daniela 98	
3	CSM Focsani 2007	A	03:57.8
	1) Banciu, Alexandra Ioana 03	2) Toader, Karina Anamaria 03	
	3) Ilinoiu, Corina 03	4) Tanase, Andreea 03	

**Antrenor Federal  
Dragomir Lenuța**