

Campionatul Național de sala – Seniori, Seniori U23 si CUPA R.M.A.

17-18.01.2020 - București

Complexul Sportiv Național “Lia Manoliu” - Sala de atletism „Ioan Soter”

Program					
17.01.2020 - Vineri			18.01.2020 – Sambata		
14:00	Prajina	F+M	09:30	Lungime	F-V,J3
16:00	Greutate	F	10:00	60 mg	F-J3,J2
16:00	Triplusalt	F	10:15	60 mg	F-V,J1,T,S
16:00	60 m Serii	M-V	10:30	60 mg	M-J3,J2
16:06	60 m Serii	F-J3	10:30	Lungime	F-J1,J2,T,S
16:09	60 m Serii	M-J3	10:45	60 mg	M-V,J1,T,S
16:12	60 m Serii	F-J2	11:00	60 mg - Finala	F-J3,J2
16:15	60 m Serii	M-J2	11:15	60 mg - Finala	F-V,J1,T,S
16:21	60 m Serii	F-J1	11:30	60 mg - Finala	M-J3,J2
16:24	60 m Serii	M-J1	11:45	60 mg - Finala	M-V,J1,T,S
16:27	60 m Serii	F-S,T	11:45	Lungime	M-V,J3,J2
16:30	60 m Serii	M- S,T	12:00	800 m	F
16:45	1500 m	F	12:10	800 m	M
17:00	1500 m	M	12:20	Inaltime	F-Sector 1
17:15	Greutate	M	12:20	Inaltime	M-Sector 2
17:15	Triplusalt	M	12:30	200 m	F-J3
17:20	60 m Finale	F-V	12:39	200 m	F-J2
17:23	60 m Finale	M-V	12:50	200 m	F-J1
17:26	60 m Finale	F-J3	12:56	200 m	F-S,T
17:29	60 m Finale	M-J3	12:45	Lungime	M-J1,T,S
17:32	60 m Finale	F-J2	13:00	200 m	M-V
17:35	60 m Finale	M-J2	13:12	200 m	M-J3
17:39	60 m Finale	F-J1	13:21	200 m	M-J2
17:42	60 m Finale	M-J1	13:36	200 m	M-J1
17:45	60 m Finale	F-S,T	13:50	200 m	M-S,T
17:48	60 m Finale	M-S,T	14:00	3000 m	F
17:55	400 m	F-V	14:10	3000 m	M
17:58	400 m	F-J3			
18:04	400 m	F-J2			
18:16	400 m	F-J1			
18:22	400 m	F-S,T			
18:25	400 m	M-V			
18:31	400 m	M -J3			
18:34	400 m	M -J2			
18:50	400 m	M -J1			
19:10	400 m	M -S,T			

Directorii de concurs: Robertino Tanase; Bogdan Tudor

Judecator arbitru: