



THE FUTURE OF DUTCH ATHLETICS

PRESENTATION FOR EA HPC MADRID 2025

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Dutch athletics

- Where are we coming from?
- Where are we now?
- Where are we going to?



Historical perspective



2000

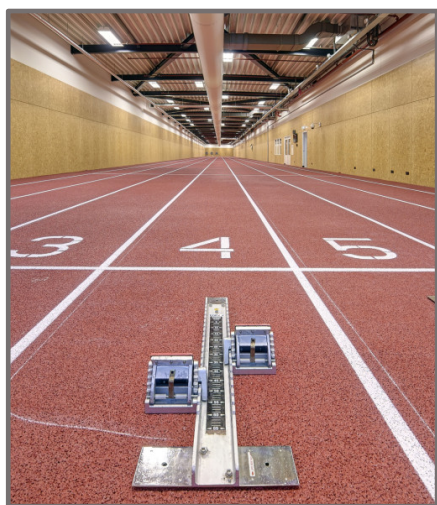


2005



2009

Historical perspective



2012



2016



2018



2024



Key lessons

- find great people and bring them together (centralise)
- know what it takes to win & learn from the best (analysis/benchmarking)
- create an optimal learning climate (effective learning)
- high effort on continuity in the program (sustainability)

Where are we now?

- Tokyo / Paris
best results in dutch history
- Increased level of minimal demands
traininggroups
- Gap in club - > national topsport
program
- Plan 2024 -> 2032
- Big investment NOC*NSF



Where are we going to?







Main goal talent ID & development

- Long term goal Atletiekunie topsportprogram: top 10 medal table major champs with as much athletes and events as possible
- Inflow of a certain *volume* in the HP program
- Ensuring a certain *readiness* at inflow in the HP program



Elite performance program

50 athletes
Papendal
~25 athletes
Extern topsportprogramma

Jong Oranje

20-25 athletes

Talentidentification u18&u20

Nationale trainingen voor junioren

40 a year
65 2 year
90 3 year
115 4 year

Talent ID: an holistic approach



- from 15 years
- **estimation of potential**

talent profiles

- performance development <-> training development
- week schedule
- testing & measurements
- behavior
- adaptability

process of decision
making: teamwork



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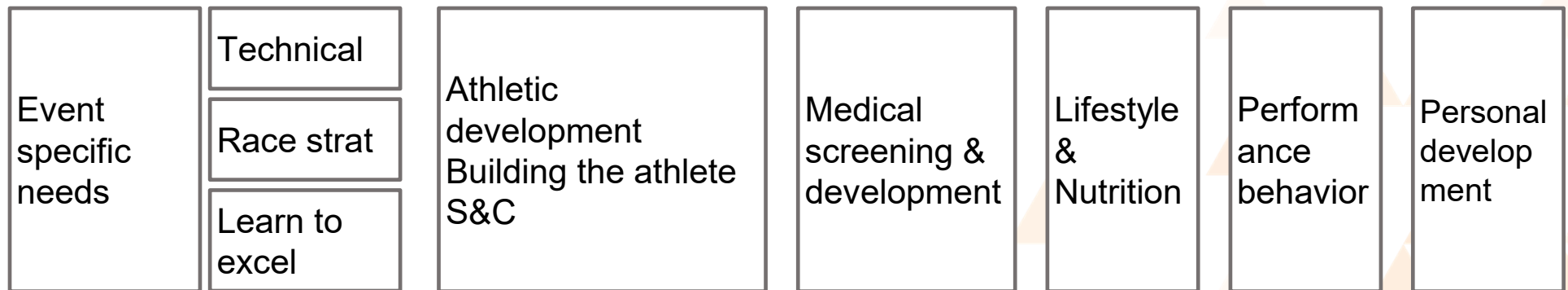
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Developing: Individual performance plans

→ (Gap)Analysis - what does it take to win? (Input HP coaches)

→ Bridging:



→ Integration with elite program



Other area's of focus

- Building stronger relations with RTC & clubs / talent hub's
-> Engage and develop the network
- Collaboration in tournament preparation (NT 5 pre-tournament day +)
- Collaboration in talentcoach development program NOC*NSF
- Collaboration with education department:
optimization of coach education program's



ATLETIEKUNIE

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 **Atletiekunie**