

STADION U23 FEMININ (2006 - 2005 - 2004)

| | | Rezultat |
|----------------|--------------------------------------------------------------------|-----------------|
| 100m | | |
| 1 | Vrinceanu, Ioana Adnana --- 2005 CSS Bacau, SCM Bacau 100 m | 11.87s |
| 2 | Balaban, Cosmina Denisa --- 2004 CSM Onesti 100 m | 12.08s |
| 3 | Codrianu, Cristina Denisa --- 2006 CS Orășenesc Voluntari 100 m | 12.23s |
| 200m | | |
| 1 | Vrinceanu, Ioana Adnana --- 2005 CSS Bacau, SCM Bacau 200 m | 23.68s |
| 2 | Ciocan, Rebeca Daria --- 2004 CS Municipal Galati 200 m | 25.16s |
| 3 | Hodina, Ioana Alexia --- 2005 CN M.B. Vilcea 200 m | 25.93s |
| 400m | | |
| 1 | Balint, Ștefania --- 2006 CS Vâlcea 1924 - ACS Luca Brașov 400 m | 53.77s |
| 2 | Ciocan, Rebeca Daria --- 2004 CS Municipal Galati 400 m | 55.22s |
| 3 | Barbu, Alina Valentina --- 2005 CS Rapid Bucuresti 400 m | 57.06s |
| 100 m g | | |
| 1 | Balaban, Cosmina Denisa --- 2004 CSM Onesti 100 m.g. [0.84] | 13.79s |
| 2 | Răduca, Raluca Monica --- 2006 CSM Onesti 100 m.g. [0.84] | 15.29s |
| 3 | | |
| 400 m g | | |
| 1 | Barbu, Alina Valentina --- 2005 CS Rapid Bucuresti 400 m.g. | 64.23s |
| 2 | Mielcea, Ilinca --- 2005 CS Rapid Bucuresti 400 m.g. | 65.77s |
| 3 | Răduca, Raluca Monica --- 2006 CSM Onesti 400 m.g. | 65.85s |
| 800m | | |
| 1 | Costiuc, Claudia-Ionela --- 2005 CSM Dorna 800 m | 2:06.30min |
| 2 | Ciocan, Rebeca Daria --- 2004 CS Municipal Galati 800 m | 2:09.61min |
| 3 | Neagu, Cristina Andreea --- 2005 CSM Bucuresti 800 m | 2:10.45min |
| 1500m | | |
| 1 | Hudea, Alexandra Maria --- 2006 CSM Bistrita 1500 m | 4:30,33min |
| 2 | Blaga, Mihaela Maria --- 2004 CSU Alba Iulia 1500 m | 4:30,55min |
| 3 | Marginean, Iulia Florina --- 2004 CSU Poli Timisoara 1500 m | 4:35,47min |

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3000m obstacole

| | Rezultat |
|---------------------------------------------------------------|----------|
| 1 Blaga, Mihaela Maria --- 2004 CSU Alba Iulia 3000 m.obst. | 10:13.00 |
| 2 Dan, Vasilena Diana --- 2006 CSM Bistrița 3000 m.obst. | 11:34,84 |
| 3 Enculescu, Ofelia --- 2005 CSM Bucuresti 3000 m.obst. | 12:52.43 |

5000m

| | Rezultat |
|-----------------------------------------------------------------|----------|
| 1 Blaga, Mihaela Maria --- 2004 CSU Alba Iulia 5000 m | 17:06.07 |
| 2 Hudea, Alexandra Maria --- 2006 CSM Bistrita 5000 m | 17:29,90 |
| 3 Marginean, Iulia Florina --- 2004 CSU Poli Timisoara 5000 m | 18:21.22 |

10000m

| | Rezultat |
|------------------------------------------------------------------|----------|
| 1 Marginean, Iulia Florina --- 2004 CSU Poli Timisoara 10000 m | 38:38.6 |

10000m Marș

| | Rezultat |
|-------------------------------------------------------------------|----------|
| 1 Horodnic, Ștefania Victoria --- 2006 CSM Suceava 10000 m marș | 49:47.3 |
| 2 Focan, Elena Andreea --- 2005 CSU Reșița 10000 m marș | 53:01.9 |

Heptatlon

| | Rezultat |
|---------------------------------------------------------|----------|
| 1 Răduca, Raluca Monica --- 2006 CSM Onesti Heptatlon | 4097p |

Lungime

| | Rezultat |
|-------------------------------------------------------|----------|
| 1 Verman, Ramona Elena --- 2004 SCM Bacau lungime | 6.63m |
| 2 Răduca, Raluca Monica --- 2006 CSM Onesti lungime | 5.49m |

Triplusalt

| | Rezultat |
|----------------------------------------------------------------------------------------|----------|
| 1 Dossey, Jennifer Stefania --- 2004 CSA Steaua Bucuresti triplusalt | 13.04m |
| 2 Vrinceanu, Ioana Adnana --- 2005 CSS Bacau, SCM Bacau triplusalt | 12.23m |
| 3 Alkhozraj, Nada Darwish Jaffar --- 2004 LPS Brasov, CS Tara Barsei 2011 triplusalt | 11.58m |

Prăjină

| | Rezultat |
|--------------------------------------------------------------|----------|
| 1 Necoara, Valentina Iulia --- 2005 CSM Craiova prajina | 3.70m |
| 2 Paraschiv, Andreea --- 2005 CSS Dinamo Bucuresti prajina | 2.50m |

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Greutate

| | Rezultat |
|------------------------------------------------------------|----------|
| 1 Vișan, Ana Maria --- 2006 CS Dinamo București greutate | 12.31m |
| 2 Chițu, Daria Maria --- 2006 CSM Onesti greutate | 11.60m |

Disc

| | Rezultat |
|------------------------------------------------------|----------|
| 1 Chițu, Daria Maria --- 2006 CSM Onesti disc | 48.15m |
| Vișan, Ana Maria --- 2006 CS Dinamo București disc | 47.95m |

Suliță

| | Rezultat |
|----------------------------------------------------------------------------------------|----------|
| 1 Oriaku, Vanessa Valentina --- 2005 CSS Gloria Arad CS Atletii Aradeni sulita 0.6kg | 45.69m |
| 2 Iancu, Teodora Elena --- 2004 CSS Ploiesti sulita 0.6kg | 39.76m |

Ciocan

| | Rezultat |
|---------------------------------------------------|----------|
| 1 Panaite, Mădălina --- 2006 CS Roman ciocan | 50.92m |
| 2 Chițu, Daria Maria --- 2006 CSM Onesti ciocan | 46.19m |

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STADION U23 MASCULIN (2006 - 2005 - 2004)

| | | |
|---------------|--------------------------------------------------------------------------------|-----------------|
| 100m | | Rezultat |
| 1 | Stanciu, Razvan Valentin --- 2006 CSU Reșița 100 m | 10.65 |
| 2 | Vele, Iulian Gheorghe --- 2004 LPS Cluj Napoca 100 m | 10.72 |
| 3 | Dumitra, Vlad Gabriel --- 2006 CS Olimpia Buc. CS Rapid Buc 100 m | 10.77 |
| 200m | | Rezultat |
| 1 | Dobrescu, Mario Alexandru --- 2004 CS Athletic Adjud 200 m | 21.00 |
| 2 | Stanciu, Razvan Valentin --- 2006 CSU Reșița 200 m | 21.44 |
| 3 | Jakab, Szilard Samuel --- 2006 CSM Targu Mures 200 m | 21.44 |
| 400m | | Rezultat |
| 1 | Dobrescu, Mario Alexandru --- 2004 CS Athletic Adjud 400 m | 45.72 |
| 2 | Vochin, Alexandru Gabriel --- 2005 LPS Pitesti 400 m | 46.51 |
| 3 | Nastasa, Dragoș Ionuț --- 2006 CSM Onești 400 m | 47.33 |
| 110 mg | | Rezultat |
| 1 | Cobjuc, Mario Stefan --- 2005 CSS Unirea Iasi 110 m.g. [1.067] | 14.38 |
| 2 | Dumitra, Vlad Gabriel --- 2006 CS Olimpia Buc. CS Rapid Buc 110 m.g. [1.067] | 14.38 |
| 400mg | | Rezultat |
| 1 | Damian, David Ștefan --- 2006 CS Rapid București 400 m.g. [0.914] | 51.07 |
| 2 | Harabagiu, Ștefan Valentin --- 2006 CSS Triumf Bucuresti 400 m.g. [0.914] | 55.27 |
| 3 | Tatarușanu, Andrei --- 2006 LPS Cetate Deva 400 m.g. [0.914] | 55.83 |
| 800m | | Rezultat |
| 1 | Ghita, Benjamin --- 2004 CS Chim.Rm.Valcea 800 m | 1:51.62 |
| 2 | Nisioiu, Cosmin Constantin --- 2004 CSM Suceava 800 m | 1:52.55 |
| 3 | Deaconescu, Constantin --- 2006 CSU Craiova 800 m | 1:53.20 |
| 1500m | | Rezultat |
| 1 | Deaconescu, Constantin --- 2006 CSU Craiova 1500 m | 3:52.76 |
| 2 | Șavlovski, Mihai Alin --- 2006 CS Medgidia 1500 m | 3:54.22 |
| 3 | Oboeanu, Petru Constantin --- 2006 LPS Iași 1500 m | 3:55.08 |

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3000m obstacole

| | Rezultat |
|-------------------------------------------------------------------------------------|-----------------|
| 1 Șavlovschi, Mihai Alin --- 2006 CS Medgidia 3000 m.obst. | 9:01.42 |
| 2 Rus, Eric Daniel --- 2004 CSM Deva 3000 m.obst. | 9:48.10 |
| | 10:10.7 |
| 3 Munteanu, Albert Constantin --- 2004 LPS Botosani,CS Stiinta Bacau 3000 m.obst. | 7 |

5000m

| | Rezultat |
|------------------------------------------------------------------------|-----------------|
| 1 Ștefan, Lucian Florin ---2006 --- CSS Caransebeș | 14:37.8 |
| | 3 |
| 2 Negoită, Dragoș Mihai --- 2006 CS Atletico Slanic CSM Dorna 5000 m | 15:49.8 |
| | 3 |
| 3 Arhir, Darius --- 2004 CS Athletics Timișoara 5000 m | 16:00.4 |
| | 6 |

10000m

| | Rezultat |
|-----------------------------------------------------------|-----------------|
| 1 Pop, Dragoș Luca --- 2005 --- CSM Cluj Napoca 10000 m | 30:28.8 |
| | 8 |
| 2 Rus, Eric Daniel --- 2004 CSM Deva 10000 m | 32:24.3 |
| | 4 |
| 3 Deaconescu, Constantin --- 2006 CSU Craiova 10000 m | 32:25.7 |
| | 1 |

10000m Marș

- 1
- 2
- 3

Decatlon

| | Rezultat |
|-----------------------------------------------------------------------------|-----------------|
| 1 Kurti, Kristof Attila --- 2006 --- LPS Satu Mare, CS Satu Mare decatlon | 5823p |
| 2 Leordean, Luca Alexandru --- 2005 --- CS Satu Mare decatlon | 5447p |

Lungime

| | Rezultat |
|---------------------------------------------------------------|-----------------|
| 1 Enache, Andrei Vlad --- 2004 CSA Steaua Bucuresti lungime | 7.63 |
| 2 Eșanu, Mihnea --- 2006 CSM Pitești lungime | 7.37 |
| 3 Sandu, Andrei --- 2005 CSM Bucuresti lungime | 7.29 |

Triplusalt

- 1

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Inălțime

- 1 Kurti, Kristof Attila --- 2006 ---
- 2 Bercea, Octavian Adrian --- 2005 CSM Bucuresti | inaltime

Rezultat

1.97m
1.9m

Prăjină

- 1 Cozmanciuc, Antonie Vlad --- 2006 --- CS Rapid București | prajina
- 2 Balazs, Norbert Zolt --- 2004 CS Orasenesc Voluntari | prajina
- 3 Voicu, Mihai --- 2005 CSS Dinamo Bucuresti | prajina

Rezultat

4.70
4.00
3.40

Disc

- 1 Motorca, Mihai Damian ---2006--- CSS Gloria Arad | disc 2kg
- 2 Chirila, Alexandru Constantin --- 2005 CSS Viitorul Cluj Napoca | disc 2kg

Rezultat

49.25m
47.69m

Ciocan

- 1 Nică, Narcis Eduard --- 2006--- CS Viitorul Vaslui
- 2

Rezultat

50.02m

Suliță

- 1 Ispas, Valentin Florin --- 2006 --- CSS Tulcea | suliță 0,8kg

Rezultat

63,43m

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NON STADIA SENIORI FEMININ

Alergări Șosea

5km

| | | Rezultat |
|---|-----------------------------------------------------------------------|-----------------|
| 1 | Blaga, Mihaela Maria --- 2004 CS Mica Roma Blaj/ CSU Alba Iulia 5km | 17:31min |
| 2 | Bosinceanu, Maria Magdalena --- 1997 CSM Vaslui 5km | 17:45min |
| 3 | Marginean, Iulia Florina --- 2004 CSU Poli Timisoara 5km | 17:49min |

10km

| | | Rezultat |
|---|------------------------------------------------------------------------|-----------------|
| 1 | Florea, Monica Mădălina --- 1993 --- CSM Sighișoara 10km | 32:50min |
| 2 | Prisecaru, Claudia --- 1997 --- CSM Focșani 2007 10km | 35:25min |
| 3 | Blaga, Mihaela Maria --- 2004 CS Mica Roma Blaj/ CSU Alba Iulia 10km | 35:11min |

Semi-Marathon

| | | Rezultat |
|---|------------------------------------------------------------|-----------------|
| 1 | Dragomir, Liliana Maria --- 1990 --- CSM Caransebeș 21km | 1:19:51ore |
| 2 | Piscu, Andreea Alina --- 1996 --- CS Știința Bacău 21km | 1:20:12ore |
| 3 | Faiiciuc, Irina Anca --- 1996 --- CSM Cluj Napoca 21km | 1:21:02ore |

Marathon

| | | |
|---|-------------------------------------------------------------------|------------|
| 1 | Piscu, Andreea Alina --- 1996 --- CS Știința Bacău 42,195km | 2:51:29ore |
| 2 | Faiiciuc, Irina Anca --- 1996 --- CSM Cluj Napoca 42,195km | 2:52:44ore |
| 3 | Dumitrescu, Adela Paulina ---1992 --- SCM Gloria Buzău 42,195km | 2:52:26ore |

CROS - 8km

| | | Rezultat |
|---|-----------------------------------------------------------------------|-----------------|
| 1 | Bosinceanu, Maria Magdalena --- 1997 CSM Vaslui cros 8km | 29:05min |
| 2 | Bălan,Cristina Daniela --- 1998 --- CS Athletics Timișoara cros 8km | 29:44min |
| 3 | Zaro, Claudia Anita --- 2005 CSU Poli Timișoara cros 8km | 29:51min |

Marș - 10km

| | | Rezultat |
|---|----------------------------------------------------------------|-----------------|
| 1 | Focan, Elena Andreea --- 2005--- CSU Reșița marș 10km | 50:22min |
| 2 | Tutu, Sorana ---2003 --- CSU Reșița marș 10km | 51:36min |
| 3 | Horodnic, Ștefania Victoria ---2006--- CSM Suceava marș 10km | 52:11min |

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Marș - 20km

Rezultat

| | | |
|---|---------------------------------------------------------------|----------|
| 1 | Lataretu, Maria-Diana --- 2002---CSM Craiova marș 20km | 01:40:38 |
| 2 | Angelescu, Diana Georgiana ---2000 ---CSM Suceava marș 20km | 01:41:30 |
| 3 | Tutu, Sorana ---2003 --- CSU Reșița marș 20km | 01:48:45 |

Marș - 35km

Alergări Montane

Up & Down

Rezultat

| | | |
|---|-----------------------------------------------------|------------|
| 1 | Simion, Cristina --- 1991 --- CS Știința Bacău | 1:17:49ore |
| 2 | Mutter, Ingrid --- 1992 --- CSM Cluj Napoca | 1:19:50ore |
| 3 | Bosinceanu, Maria Magdalena --- 1997 --- CSM Vaslui | 1:22:01ore |

Alergări Montane

Vertical

| | | |
|---|-----------------------------------------------------|----------|
| 1 | Florea, Monica Mădălina --- 1993 --- CSM Sighișoara | 37:07min |
| 2 | Simion, Cristina --- 1991 --- CS Știința Bacău | 39:13min |
| 3 | Sârbu, Mădălina --- 2003 CSM Rarăul Câmpulung | 39:35min |

Alergări Montane

Trail

| | | |
|---|----------------------------------------------------|------------|
| 1 | Simion, Cristina --- 1991 --- CS Știința Bacău | 3:58:32min |
| 2 | Piscu, Andreea Alina --- 1996 --- CS Știința Bacău | 4:21:45min |
| 3 | Viziteu, Loredana --- 2000 --- CS Știința Bacău | 5:16:39min |

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NON STADIA U23 FEMININ

Alergări Șosea

5km

| | | | | | | Rezultat | |
|---|--------------------------|-----|------|-----------------------------------|--|-----------------|--------------|
| 1 | Blaga, Mihaela Maria | --- | 2004 | CS Mica Roma Blaj/ CSU Alba Iulia | | 5km | 17:31mi n |
| 2 | Marginean, Iulia Florina | --- | 2004 | CSU Poli Timisoara | | 5km | 17:49mi n |
| 3 | Hudea, Alexandra Maria | --- | 2006 | CSM Bistrita | | 5km | 18:02mi n |

10km

| | | | | | | | Rezultat | |
|---|---------------------------|-----|------|-----------------------------------|----------------------|------|-----------------|--------------|
| 1 | Blaga, Mihaela Maria | --- | 2004 | CS Mica Roma Blaj/ CSU Alba Iulia | | 10km | 35:11mi n | |
| 2 | Sârbu, Mădălina | --- | 2003 | CSM Rarăul Câmpulung | | 10km | 36:05mi n | |
| 3 | Rusu-Eremia, Bianca-Ioana | --- | 2007 | --- | CSA Steaua București | | 10km | 36:55mi n |

Semi-Maraton

| | | | | | | | Rezultat | |
|---|--------------------------|-----|------|-----|-------------------|--|-----------------|------------|
| 1 | Biro, Amanda Szilvia | --- | 2007 | --- | CSM Cluj Napoca | | 21km | 1:24:41ore |
| 2 | Gheorghiu, Maria Adriana | --- | 2007 | --- | CS Panduri Tg.Jiu | | 21km | 1:28:19ore |
| 3 | Vainer, Bianca Maria | --- | 2004 | --- | CS Știința Bacău | | 21km | 1:30:07ore |

Maraton

| | | | | | | | Rezultat | |
|---|----------------------|-----|------|-----|------------------|--|-----------------|------------|
| 1 | Vainer, Bianca Maria | --- | 2004 | --- | CS Știința Bacău | | 42,195km | 3:10:14ore |

CROS - 6km

| | | | | | | | Rezultat |
|---|--------------------------|-----|------|----------------------|--|----------|-----------------|
| 1 | Sârbu, Mădălina | --- | 2003 | CSM Rarăul Câmpulung | | Cros 6km | 21:43mi n |
| 2 | Blaga, Mihaela Maria | --- | 2004 | CSU Alba Iulia | | cros | 22:33mi n |
| 3 | Marginean, Iulia Florina | --- | 2004 | CSU Oradea | | cros | 22:48mi n |

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Marș - 10km

Rezultat

| | | |
|---|----------------------------------------------------------------|--------------|
| 1 | Focan, Elena Andreea --- 2005--- CSU Reșița marș 10km | 50:22mi n |
| 2 | Tutu, Sorana ---2003 --- CSU Reșița marș 10km | 51:36mi n |
| 3 | Horodnic, Ștefania Victoria ---2006--- CSM Suceava marș 10km | 52:11mi n |

Alergări Montane

Up & Down

Rezultat

| | | |
|---|----------------------------------------------------|------------|
| 1 | Vainer, Bianca Maria --- 2004 --- CS Știința Bacău | 1:23:03ore |
| 2 | Biro, Amanda Szilvia --- 2007 --- CSM Cluj Napoca | 1:26:59ore |
| 3 | Amarandei, Alexandra --- 2005--- CS Știința Bacău | 1:35:55ore |

Alergări Montane

Vertical

39:35mi

| | | |
|---|----------------------------------------------------|--------------|
| 1 | Sârbu, Mădălina --- 2003 CSM Rarăul Câmpulung | n |
| 2 | Vainer, Bianca Maria --- 2004 --- CS Știința Bacău | 46:19mi n |
| 3 | Amarandei, Alexandra --- 2005 --- CS Știința Bacău | 46:40mi n |

Alergări Montane

Trail

| | | |
|---|----------------------------------------------------|------------|
| 1 | Vainer, Bianca Maria --- 2004 --- CS Știința Bacău | 5:16:56min |
|---|----------------------------------------------------|------------|

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NON STADIA U20
FEMININ

Alergări Șosea

5km

| | | Rezultat |
|---|-----------------------------------------------------------------------------|-----------------|
| 1 | Hudea, Alexandra Maria --- 2006 CSM Bistrita 5km | 18:06min |
| 2 | Cristea, Alexandra Maria --- 2007 --- CS Unirea Alba Iulia / LPS Alba Iulia | 18:24min |
| 3 | Rusu Eremia, Bianca Ioana --- 2007 --- CSA Steaua București | 18:41min |

10km

| | | Rezultat |
|---|----------------------------------------------------------------|-----------------|
| 1 | Constantin, Lenuța --- 2007 --- CSM Bistrița 10km | 36:05min |
| 2 | Hudea, Alexandra Maria --- 2006 CSS Mediaș / CSM Mediaș 10km | 37:18min |
| 3 | Gheorghiu, Maria Adriana --- 2007 --- CS Panduri Tg Jiu 10km | 39:24 min |

Semi-Marathon

| | | Rezultat |
|---|----------------------------------------------------------------|-----------------|
| 1 | Biro, Amanda Szilvia --- 2007 --- CSM Cluj Napoca 21km | 1:24:41ore |
| 2 | Gheorghiu, Maria Adriana --- 2007 --- CS Panduri Tg.Jiu 21km | 1:28:19ore |
| 3 | Podariu, Denisa-Olivia ---2006 --- LPS Botoșani 21km | 1:38:11ore |

CROS - 4km

| | | |
|---|------------------------------------------------------------------------------|----------|
| 1 | Hudea, Alexandra Maria --- 2006 CSS Mediaș / CSM Mediaș cros 4km | 14:17min |
| 2 | Constantin, Lenuța --- 2007 --- CSM Bistrița cros 4km | 14.21min |
| 3 | Horlescu, Denisa Andreea --- 2009 ---LPS Iași / CS Politehnica Iași cros 4km | 15:43min |

Marș - 10km

| | | Rezultat |
|---|-------------------------------------------------------------------------------------|-----------------|
| 1 | Horodnic, Ștefania Victoria ---2006--- CSM Suceava marș 10km | 52:11min |
| 2 | Ioanovici, Elena Andreea --- 2009 --- CS Giroc Chisoda marș 10km | 55:19min |
| 3 | Robaniuc, Dumitrita Selena --- 2007 --- CSS Gura Humorului, CSM Suceava marș 10km | 57:39min |

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Up & Down

| | | Rezultat |
|---|----------------------------------------------------|-----------------|
| 1 | Pop, Diana Maria --- 2007 --- CSM Braşov | 42:18min |
| 2 | Câmpeanu, Denisa --- 2009 --- CSS Mediaş | 42:58min |
| 3 | Podariu, Denisa - Olivia --- 2006 --- LPS Botoşani | 44:15min |

**Alergări Montane
Vertical**

| | | |
|---|----------------------------------------------------------|----------|
| 1 | Câmpeanu, Denisa --- 2009 --- CSS Mediaş | 39:48min |
| 2 | Guzumas, Ştefania Jasminac --- 2009 --- LPS - CSM Vaslui | 41:37min |
| 3 | Podariu, Denisa - Olivia --- 2006 --- LPS Botoşani | 42:18min |

U18 FEMININ

CROS - 4km

| | | Rezultat |
|---|-----------------------------------------------------------------------------------|-----------------|
| 1 | Horlescu, Denisa Andreea --- 2009 ---LPS Iaşi / CS Politehnica Iaşi cros 4km | 15:04min |
| 2 | Zub, Florentina Aylin --- 2008 ---LPS Iaşi / CS Politehnica Iaşi cros 4km | 15:27min |
| 3 | Irimiţa, Adelina Petronela --- 2009 --- LPS Iaşi / CS Politehnica Iaşi cros 4km | 15:58min |

Marş (CN - Iarnă) - 5km

| | | Rezultat |
|---|-----------------------------------------------------------------------------------|-----------------|
| 1 | Ardean, Larisa Andreea ---2010--- LPS Alba Iulia, CS Unirea Alba Iulia marş 5km | 25:21min |
| 2 | Antonaş, Cristina-Gabriela ---2008--- LPS Botoşani marş 5km | 27:31min |
| 3 | Branzac, Sabina ---2009--- LPS Botoşani marş 5km | 28:01min |

U16 FEMININ

CROS - 3km

| | | Rezultat |
|---|------------------------------------------------------------------|-----------------|
| 1 | Cordea, Roxana Maria --- 2010--- AS Luceafărul Jidvei cros 3km | 11:16min |
| 2 | Gherase, Mara --- 2011 --- CS Athletics Timişoara cros 3km | 11:18min |
| 3 | Kerekes, Emma --- 2011 --- CSM Cluj Napoca cros 3km | 11:19min |

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NON STADIA SENIORI Masculin

Alergări Șosea

5km

Rezultat

| | | |
|---|--------------------------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca 5km | 14:38min |
| 2 | Gavril, Ștefan Iulius --- 1989--- CSM Cluj Napoca, CSU Cluj Napoca 5km | 14:52min |
| 3 | Ștefan, Lucian Florin --- 2006 --- CS Universitar Alba Iulia 5km | 14:57min |

10km

Rezultat

| | | |
|---|----------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca 10km | 29:39min |
| 2 | Gavril, Ștefan Iulius --- 1989--- CSU Cluj Napoca 10km | 30:16min |
| 3 | Rusu, Dorin Andrei ---1998 --- CSM Deva 10km | 30:41min |

Semi-Marathon

Rezultat

| | | |
|---|---------------------------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca 21km | 01:04:04 |
| 2 | Soare, Nicolae Alexandru --- 1991--- CSM Bacău 21km | 01:04:21 |
| 3 | Gavril, Ștefan Iulius --- 1989--- CSM Cluj Napoca, CSU Cluj Napoca 21km | 01:07:16 |

Marathon

Rezultat

| | | |
|---|--------------------------------------------------------------------------|-------------------|
| 1 | Soare, Nicolae Alexandru --- 1991--- CSM Bacău 42,195km | 2:11:58 RN |
| 2 | Stoica, Silviu --- 1988 --- CSM Cluj Napoca 42,195km | 02:26:38 |
| 3 | Neacșu, Cristian Alexandru --- 1990 --- CSU Știința București 42,195km | 02:28:55 |

CROS - 10km

Rezultat

| | | |
|---|----------------------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca cros 10km | 32:02min |
| 2 | Chis, Laviniu Mădălin --- 1997 ---CSM Craiova cros 10km | 32:33min |
| 3 | Coman, Nicolae Marian --- 1996 --- CSU Arad, CSM Craiova cros 10km | 32:42min |

Marș - 10km

Rezultat

| | | |
|---|-------------------------------------------------------------------------|----------|
| 1 | Mihăilă, Narcis Ștefan --- 1987 --- CSU Reșița, CSM Reșița marș 10km | 43:39min |
| 2 | Cocioran, Marius Iulian --- 1983 --- CSU Reșița, CSM Reșița marș 10km | 45:23min |
| 3 | Rădoi, Pavel Remus --- 1998 --- CSU Reșița, CSM Reșița marș 10km | 47:10min |

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Marș - 20km

Rezultat

| | | |
|---|-------------------------------------------------------------------------|----------|
| 1 | Mihăilă, Narcis Ștefan --- 1987 --- CSU Reșița, CSM Reșița marș 20km | 01:30:47 |
| 2 | Cocioran, Marius Iulian --- 1983 --- CSU Reșița, CSM Reșița marș 20km | 01:33:37 |
| 3 | Rădoi, Pavel Remus --- 1998 --- CSU Reșița, CSM Reșița marș 20km | 01:35:05 |

Marș - 35km

Rezultat

| | | |
|---|-------------------------------------------------------------------------|----------|
| 1 | Cocioran, Marius Iulian --- 1983 --- CSU Reșița, CSM Reșița marș 35km | 02:42:55 |
| 2 | Mihăilă, Narcis Ștefan --- 1987 --- CSU Reșița, CSM Reșița marș 35km | 02:47:08 |
| 3 | Rădoi, Pavel Remus --- 1998 --- CSU Reșița, CSM Reșița marș 35km | 02:48:18 |

Alergări Montane

Up & Down

Rezultat

| | | |
|---|---------------------------------------------------------|------------|
| 1 | Palici, Viorel Andrei --- 1989 --- CSA Steaua București | 1:02:19ore |
| 2 | Toma, Valentin --- 1999 --- CSA Steaua București | 1:03:50ore |
| 3 | Preda, Andrei Gabriel --- 1992 --- CSA Steaua București | 1:04:07ore |

Alergări Montane

Vertical

| | | |
|---|-----------------------------------------------------------------|----------|
| 1 | Miklos, Rareș Imre --- 1998 --- CSM Sighișoara, CSM Cluj Napoca | 34:08min |
| 2 | Toma, Valentin --- 1999 --- CSA Steaua București | 35:23min |
| 3 | Palici, Viorel Andrei --- 1989 --- CSA Steaua București | 36:02min |

Alergări Montane

Trail

| | | |
|---|---------------------------------------------------------|------------|
| 1 | Toma, Valentin --- 1999 --- CSA Steaua București | 3:20:22ore |
| 2 | Preda, Andrei Gabriel --- 1992 --- CSA Steaua București | 3:23:51ore |
| 3 | Denis, Șerban --- 2001 --- CSA Steaua București | 3:41:37ore |

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5km

Rezultat

| | | |
|---|--------------------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca 5km | 14:38min |
| 2 | Ștefan, Lucian Florin --- 2006 --- CS Universitar Alba Iulia 5km | 14:57min |
| 3 | Munteanu, Albert Constantin ---2004 --- CS Știința Bacău 5km | 15:44min |

10km

Rezultat

| | | |
|---|-----------------------------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca 10km | 29:39min |
| 2 | Ștefan, Lucian Florin --- 2006 --- CSS Caranseveș, AC Mica Romă Blaj 10km | 30:58min |
| 3 | Ihnatiuc, Andrei --- 2003 --- CSM Bucovina Rădăuți 10km | 31:03min |

Semi-Marathon

Rezultat

| | | |
|---|---------------------------------------------------------|----------|
| 1 | Pop, Dragoș Luca --- 2005 CSMCluj Napoca 21km | 01:04:04 |
| 2 | Biro, Leonard Barna --- 2004 --- CSM Cluj Napoca 21km | 01:12:02 |
| 3 | Dascăl, Andrei --- 2006 --- CSM Cluj Napoca 21km | 01:12:26 |

CROS - 8km

Rezultat

| | | |
|---|---------------------------------------------------------------|----------|
| 1 | Costin, Ciprian --- 2005--- CSM Bucovina Rădăuți cros 8km | 25:48min |
| 2 | Ihnatiuc, Andrei --- 2003 --- CSM Bucovina Rădăuți cros 8km | 26:00min |
| 3 | Arhir, Darius ---2004--- CSU Poli Timișoara cros 8km | 26:11min |

Alergări Montane

Up & Down

Rezultat

| | | |
|---|----------------------------------------------------|------------|
| 1 | Ihnatiuc, Andrei --- 2003 --- CSM Bucovina Rădăuți | 1:08:29ore |
| 2 | Biro, Leonard Barna --- 2004 --- CSM Cluj Napoca | 1:11:57ore |
| 3 | Cuciurean, Ștefan --- 2004 ---CSM Bucovina Rădăuți | 1:14:07ore |

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Alergări Montane

Vertical

| | | |
|---|-------------------------------------------------------------------------|----------|
| 1 | Munteanu, Albert Constantin --- 2004 --- CS Știința Bacău | 37:45min |
| 2 | Nisioiu, Cosmin Constantin --- 2004 --- CS Rarăul Câmpulung Moldovenesc | 38:28min |
| 3 | Dascăl, Andrei --- 2006 --- CSM Cluj Napoca | 39:05min |

Alergări Montane

Trail

| | | |
|---|---------------------------------------------------------------|----------|
| 1 | Imre, Csis Nandor --- 2003 --- CS Trail Running Academy | 04:46:13 |
| 2 | Crăciun, Dumitru Cosmin --- 2003 --- CSM Suceava, CSU Suceava | 06:35:14 |

NON STADIA U20 Masculin

5km

| | | Rezultat |
|---|---------------------------------------------------------------------|-----------------|
| 1 | Ștefan, Lucian Florin --- 2006 --- CS Universitar Alba Iulia 5km | 14:57min |
| 2 | Popa, Alexandru Rareș --- 2007 --- LPS Cluj Napoca 5km | 15:23min |
| 3 | Cozma, David George --- 2007 --- CSS Blaj , AC Mica Romă Blaj 5km | 15:47min |

10km

| | | Rezultat |
|---|-----------------------------------------------------------------------------|-----------------|
| 1 | Popa, Carol ---2006 --- CSM Constanța 10km | 30:52min |
| 2 | Ștefan, Lucian Florin --- 2006 --- CSS Caranseveș, AC Mica Romă Blaj 10km | 31:43min |
| 3 | Savlovschi, Mihai Alin ---2006--- CS Medgidia, AC Miuca Romă Blaj 10km | 31:54min |

Semi-Marathon

| | | Rezultat |
|---|---------------------------------------------------------|-----------------|
| 1 | Dascăl, Andrei --- 2006 --- CSM Cluj Napoca 21km | 01:12:26 |
| 2 | Zaharia, Albert Mario ---2007 ---CSM Craiova 21km | 01:13:42 |
| 3 | Rusu, Paul Andrei --- 2006 --- CS Panduri Tg Jiu 21km | 01:16:02 |

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| | | |
|---|------------------------------------------------------------------------------|----------|
| | Ștefan, Lucian Florin --- 2006 --- CSS Caranseveș, AC Mica Romă Blaj cros | |
| 1 | 6km | 19:05min |
| 2 | Savlovschi, Mihai Alin ---2006--- CS Medgidia, AC Miuca Romă Blaj cros 6km | 19:16min |
| 3 | Negoiță, Dragoș Mihai --- 2006 ---CS Atletico Slanic, CSM Dorna cros 6km | 19:25min |

Marș - 10km

Rezultat

| | | |
|---|-------------------------------------------------------------------|----------|
| 1 | Elisei, Florin --- 2008 --- CSS Tg Neamț, CSM Suceava marș 10km | 50:36min |
| 2 | Obroceanu, Gabriel --- 2008 --- LPS Botoșani marș 10km | 52:15min |
| 3 | Fira, Dragoș Ionuț --- 2009 --- LPS - CSM Vaslui marș 10km | 52:32min |

Alergări Montane

Up & Down

Rezultat

| | | |
|---|-----------------------------------------------|----------|
| 1 | Dascăl, Andrei --- 2006 --- CSM Cluj Napoca | 32:48min |
| 2 | Deaconescu, Constantin ---2006 ---CSU Craiova | 33:19min |
| 3 | Bodea, Petru --- 2007 --- CSM Dorna | 34:40min |

Alergări Montane

Vertical

| | | |
|---|------------------------------------------------------------------|----------|
| 1 | Negoiță, Dragoș Mihai --- 2006 --- CS Atletico Slanic, CSM Dorna | 31:53min |
| 2 | Patriche, Costel Andrei --- 2008 --- LPS Vaslui, CSM Vaslui | 32:01min |
| 3 | Deaconescu, Constantin ---2006 ---CSU Craiova | 33:26min |

NON STADIA U18 Masculin

CROS 6km

Rezultat

| | | |
|---|----------------------------------------------------------------------|----------|
| | Halapciuc, Ștefan Andrei --- 2008--- CSS Bârlad, CSM Onești cros | |
| 1 | 6km | 19:38min |
| | Moldovan, Matei --- 2008 ---CS Athletic Cluj, CSM Cluj Napoca cros | |
| 2 | 6km | 19:55min |
| 3 | Mărgășoiu, Tudor Mihai ---2008 ---CSU Cluj Napoca cros 6km | 20:13min |

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| | Marș - 10km (CN-Iarnă) | Rezultat |
|---|--------------------------------------------------------------|----------|
| 1 | Obroceanu, Gabriel --- 2008 --- LPS Botoșani marș 10km | 51:31min |
| 2 | Fira, Dragoș Ionuț --- 2009 --- LPS - CSM Vaslui marș 10km | 52:26min |
| 3 | Dirman, Alexandru --- 2009 --- CSM Suceava marș 10km | 52:28min |

NON STADIA U16 Masculin

| | CROS 4km | Rezultat |
|---|--------------------------------------------------------------------|----------|
| 1 | Isache, Liviu Vasilica ---2010 --- LPS Botoșani cros 4km | 13:08min |
| 2 | Bolintinescu, Luca ---2010 --- LPS Botoșani cros 4km | 13:17min |
| 3 | Dumitrașcu, Tudor Dominik --- 2010 --- CS Giroc Chisoda cros 4km | 13.33min |

Antrenor Federal U23

Eftimie Păraschi



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