

**PROGRAM**



**05.08.2017 Sâmbătă**

08:30	10000m mars	F+M	
09:40	10000m	M	
10:00	Prajina	F+M	
10:00	Ciocan	F	
10:30	5000m	F	
11:00	Ciocan	M	
17:00	100m garduri	F	Serii
17:00	Sulita	F	
17:00	Triplusalt	M	
17:00	Inaltime	M	
17:20	110m garduri	M	Serii
17:30	100m	F	Serii
17:40	100m	M	Serii
18:00	1500m	F	SCT
18:00	Greutate	M	
18:10	1500m	M	SCT
18:35	110m garduri	M	Finala
18:50	100m garduri	F	Finala
19:00	Sulita	M	
19:00	Triplusalt	F	
19:00	Greutate	F	
19:00	100m	F	Finala
19:05	100m	M	Finala
19:15	400m	F	SCT
19:25	400m	M	SCT
19:40	3000m obstacole	F	SCT
19:55	3000m obstacole	M	SCT
20:10	4X100m	F	SCT
20:15	4X100m	M	SCT

**06.08.2017 Duminică**

08:30	5000m	M	
08:50	3000m	F	
09:05	400m garduri	F	SCT
09:20	400m garduri	M	SCT
09:20	Lungime	M	
09:30	Disc	M	
09:30	800m	F	SCT
09:40	800m	M	SCT
10:00	Inaltime	F	
10:00	200m	F	SCT
10:15	200m	M	SCT
10:25	Lungime	F	
10:35	Disc	F	
10:40	4X400m	F	SCT
10:45	4X400m	M	SCT

Sedinta tehnica Vineri 4-08-2017 la FRA

Ora 17.30

Dir. Concurs: Otobîcu Cristian

Jud. Arbitru: Marinescu Dumitru